

 [Workout Templates](#)

List

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Filter

- **{Department}**
Shows templates of the selected gym. Templates with no department apply in all gyms and appear with every selection.
- **{Trainer}**
Narrows the list to the selected trainer's templates.
- **{Member}**
Narrows the list to templates tied to the selected member.
- **{Active}**
On by default, so only templates in use are shown. Clear the tick when looking for deactivated ones as well.

The search box filters names among the rows already loaded.

Columns

- **{Name}**
The template name. The list is sorted by this column by default.
- **{Department}**
The gym the template applies to. Empty means all gyms of the company.
- **{Trainer}**
The trainer the template belongs to. Empty means it is available to all trainers.
- **{Member}**
The member the template was made for. Empty means it is not personal.
- **{Active}**
The tick marks a template offered when building a workout.

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